



European Association for Psychotherapy
Mariahilfer Straße 1d/13, 1060 Wien
office@eap-hope.at



EAP 30th Anniversary
Congress – Vienna

Live streamed from
Sigmund Freud University
March 12th – 13th 2022

CONGRESS PROGRAMME

“THE HOPE OF PSYCHOTHERAPY FOR OUR ENDANGERED WORLD”

The web of life is sustained in all its forms by connection and communication. In its 30 year history the European Association for Psychotherapy has achieved unity between the different modalities in the profession of Psychotherapy and unity of professional standards across EAP's 42 member countries, through connection and effective communication. The unity established gives us an important culture as an organisation and a profession, and makes high quality Psychotherapy available to those who need it in 42 European countries. EAP aims to connect Psychotherapy more effectively with the wider world, and this continuing challenge is ever more vital as we face the world's greatest threats.

How can we as Psychotherapists offer hope to our endangered planet, and to humanity? Our planet endangered by the climate catastrophe; by pollution; and by pandemics. We are not politicians, policy makers, engineers or technologists. Our expertise lies in weaving connections, meaning making, and facilitating communication processes to support and revitalise individuals, couples, families, children and groups when they face personal crises and threats. But Psychotherapy is all too often limited to personal realms, and the field has yet to find its

voice in response to the challenges that humanity, and our endangered planet, are facing. There is a need raise our voice to the public, politicians and policy makers about the psychical consequences that the threats facing humanity have on people.

How can we offer a therapeutic response to humanity in the face of the threats to us and to our endangered planet?

This is the existential question that we wish to address in our 30th Anniversary Congress. We are inviting some of the world's most insightful and wise Psychotherapists to speak. We do not know the answer to this question at the moment, but let us do what we do best as Psychotherapists: allow ourselves to sit with the greatest problems facing humankind; to listen to each other; to speak; to discern; to allow ourselves to be in the place of unknowing in order that insight, discernment, and hope can emerge.

Patricia Hunt

President of EAP, Chair of Congress

On behalf of the EAP

30th Anniversary Organising Committee

www.eap-hope.at



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Saturday March 12th: Day 1

PROGRAMME		CENTRAL EUROPEAN TIME
Welcome to the 30th Anniversary Congress of EAP	President Patricia Hunt (United Kingdom) Chair of Congress	09.15 – 9.30
Welcome from the Austrian President: Alexander van der Bellen (tbc)		09.30 – 10.00
“The Founding and History of EAP” Alfred Pritz (Austria)		10.00 – 10.30
“The Hope of Psychotherapy for our Endangered World” President Patricia Hunt		10.30 – 11.00
Coffee Break		10.30 – 11.00
<u>Round Table of Past Presidents of EAP</u> “Past, Present and Future of EAP: The Hope of Psychotherapy for our Endangered World.” Prof Janos Harmatta 1991 – 92 (Hungary) Prof Willy Szafran 1994 – 95 (Belgium) Prof Victor Makarov 2000 – 01 (Russia) Prof Cornelia Krause-Girth 2001 – 03 (Germany) Paul Boyesen 2003 – 05 (France) Prof Alexander Filts 2005 – 07 (Ukraine) Adrian Rhodes 2011 – 13 (United Kingdom) Prof Eugenijus Laurinaitis 2013 – 15 (Lithuania) Celia Scanlan 2015 – 17 (Scotland) Charles Cassar 2019 – 21 (Malta)	President Patricia Hunt and Professor Eugenijus Laurinaitis General Secretary of EAP Joint Convenors	11.00 – 12.45 (For online delegates there will be the option of an alternative programme)
Lunch Break		12.45 – 13.45
Keynote Speaker: Professor Kyriaki Polychroni (Greece) “There is a crack, a crack in everything... that is how the light gets in.” Hope through fostering emotional vulnerability in therapy today.	Professor Nevena Calovska (Serbia) Convenor	13.45 – 14.45
Reflective Groups: We meet in small groups, in person and online, to discuss the hope that Psychotherapy can offer to our endangered world.		14.45 – 15.45

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Saturday March 12th: Day 1

PROGRAMME		CENTRAL EUROPEAN TIME
Coffee Break		15.45 – 16.00
Keynote Speaker: Irvin Yalom (United States of America) In interview with Eugenijus Laurinaitis “A matter of death and life”		16.00 – 17.00
Plenary for Day 1	President Patricia Hunt	17.00 – 17.15

Sunday March 13th: Day 2

PROGRAMME		CENTRAL EUROPEAN TIME
Keynote Speaker: Sue Daniel (Australia) “All hands on Deck!” At this crucial moment in time we need to seriously consider our place in this Social World. We are all in the same boat, and share the same planet.”	Ivana Slavkovic Convenor	09.30 – 11.00
Coffee Break		11.00 – 11.30
Reflective Groups: We meet in small groups, in person and online, to discuss the hope that Psychotherapy can offer to our endangered world.		11.30 – 12.30
Lunch Break		12.30 – 13.30
Keynote Speaker: Professor Renos Papadopoulos (United Kingdom) “Therapeutic applications in humanitarian contexts.”	Professor Nevena Calovska Convenor	13.30 – 14.30



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Sunday March 13th: Day 2

PROGRAMME	SPEAKERS	CENTRAL EUROPEAN TIME
Keynote Speaker: Jessica Benjamin (United States of America) “Only One Can Live: Transforming The Reactivity of Survivalism.”	Tom Warnecke (United Kingdom) Convenor	14.30 – 15.30
Final Congress Session The Hope of Psychotherapy – Video of words and music created from what has been said by keynote speakers and in reflective groups.	President Patricia Hunt Convenor	15.30 – 16.00
End of Congress		16.00

CPD Hours:

DAY 1 8 HOURS

DAY 2 7 HOURS

WHOLE CONGRESS 15 HOURS

CPD Certificates will be sent to all delegates after the Congress has finished.

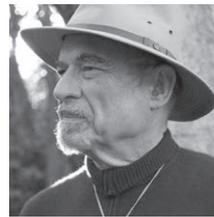


DETAILS OF SPEAKERS



PRESIDENT PATRICIA HUNT

Patricia Hunt is President of the European Association for Psychotherapy, and Chair of the EAP 30th Anniversary Congress. She is a Psychotherapist, Consultant and Advisor with more than 30 years clinical experience in the public, national health and higher education sectors. She trained following her work at the Hillsborough Disaster UK in 1989 https://youtu.be/kp_c-egaQj8. She was Director of a large psychotherapy and counselling service at the University of Nottingham, serving staff and students across their national and international campuses. She founded and established a new psychotherapy and counselling service at the University's international campus in Ningbo, China. She is playing a major role in the networking and development of EAP, and in the ongoing work of making high quality Psychotherapy available to those who need it in 42 European countries.



IRVIN YALOM

I was born in Washington, D.C., June 13, 1931, of parents who immigrated from Russia (from a small village named Celtz near the Polish border) shortly after the first world war. Home was the inner city of Washington – a small apartment atop my parents' grocery store on First and Seaton Street. During my childhood, Washington was a segregated city, and I lived in the midst of a poor, black neighborhood. Life on the streets was often perilous. Indoor reading was my refuge and, twice a week, I made the hazardous bicycle trek to the central library at seventh and K streets to stock up on supplies.

I entered upon my medical training already having decided to go into psychiatry. Psychiatry proved (and proves to this day) endlessly intriguing, and I have approached all of my patients with a sense of wonderment at the story that will unfold. I believe that a different therapy must be constructed for each patient because each has a unique story. As the years pass, this attitude moves me farther and farther from the center of professional psychiatry, which is now so fiercely driven by economic forces in precisely opposite directions – namely accurate de-individualizing (symptom-based) diagnosis and uniform, protocol-driven, brief therapy for all. My first writings were scientific contributions to

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professional journals. My first book, *The Theory and Practice of Group Psychotherapy* has been widely used (seven hundred thousand copies) as a text for training therapists. Other texts followed – *Existential Psychotherapy* (a textbook for a course that did not exist at the time), *Inpatient Group Psychotherapy* (a guide to leading groups in the inpatient psychiatric ward), *Encounter Groups: First Facts*, a research monograph that is out of print. Then, in an effort to teach aspects of Existential Therapy I turned to a literary conveyance and in the past several years have written a book of therapy tales (*Love's Executioner, Momma and the Meaning of Life* – a collection of true and fictionalized tales of therapy) and three teaching novels (*When Nietzsche Wept, Lying on the Couch, and The Schopenhauer Cure*).

My wife, Marilyn, received a Ph. D. in comparative literature (French and German) from Johns Hopkins and has had a highly successful career as a university professor and writer. Her many works include *Blood Sisters, A History of the Breast, History of the Wife, The Birth of The Chess Queen* and (together with my son Reid Yalom) *The American Resting Place*. My four children, all living in the San Francisco Bay area, have chosen a variety of careers – medicine, photography, creative writing, theater directing, clinical psychology. Eight grandchildren and counting.



PROFESSOR KYRIAKI POLYCHRONI

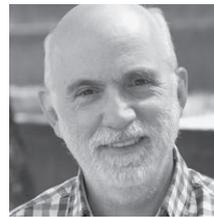
Kyriaki Polychroni is a Systemic Group and Family Psychotherapist with specialization in Emotionally Focused Couple Therapy (EFT). She is a long-standing clinician, faculty and Advisory Scientific Council member at the Athenian Institute of Anthropos in Greece. Kyriaki is Past President of the European Family Therapy Association – EFTA – and a member of the Association since its early founding. She has played a major role in the networking and mutual learning of Family Therapy Trainers in Europe, and in 2016 was given an Award for her Outstanding Contribution to Family Therapists in Europe and was appointed Honorary Chair of the EFTA Chamber of Training Institutes (EFTA-TIC). She was recently selected as a member of the Board of Directors of the International Center for Excellence in Emotionally Focused Therapy (ICEEFT). Former Vice-President of the national branch of the European Association of Psychotherapists (EAP). Founding Member of the Hellenic Association of Systemic Therapy (ELESYTH). She is also a Founding Member of the American National Registry of Certified Group Psychotherapists (CGP) and a Clinical Member of the American Group Psychotherapy Association (AGPA).

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SUE DANIEL

Sue Daniel is an individual and group psychotherapist who is well known for her specialisation in psychodrama, role theory, sociometry and sociodrama. Sue regularly conducts workshops and seminars in various countries and in many settings. She is the founder of the Psychodrama Institute of Melbourne, the Moreno Psychodrama Society, and the Board of the Australian and Aotearoa (NZ) Board of Psychodrama, and a major contributor to international psychotherapy and psychodrama committees and boards since the 1980's. She is also a prolific writer on the application of Role Theory and Psychodrama.



PROFESSOR RENOS PAPADOPOULOS

Renos K. Papadopoulos, Ph.D. is Professor of Analytical Psychology in the Department of Psychosocial and Psychoanalytic Studies, Director of the 'Centre for Trauma, Asylum and Refugees' and of the post-graduate programmes in 'Refugee Care', a member of the 'Human Rights Centre', of the 'Transitional Justice Network' and of the 'Armed Conflict and Crisis Hub' all at the University of Essex, as well as Honorary Clinical Psychologist and Systemic Family Psychotherapist at the Tavistock Clinic. He is a practising Clinical Psychologist, Family Therapist and Jungian Psychoanalyst who spent most of his professional life training and supervising specialists in these three spheres. As consultant to numerous organisations, he has been working with refugees, tortured persons, trafficked people, and other survivors of political violence and disasters in many countries. His writings have appeared in sixteen languages. Recently, he has been given Awards by the European Family Therapy Association for Lifetime 'Outstanding contribution to the field of Family Therapy and Systemic Practice', by the University of Essex for the best 'International Research Impact', and by two Mexican Foundations for his 'exceptional work with vulnerable children and families in Mexico'.

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JESSICA BENJAMIN

Jessica Benjamin is a psychoanalyst known for her contributions to psychoanalysis and social thought. She is currently a practicing psychoanalyst in New York City where she is on the faculty of the New York University Postdoctoral Psychology Program in Psychoanalysis and Psychotherapy, and the Stephen Mitchell Center for Relational Studies. Jessica Benjamin is one of the original contributors to the fields of relational psychoanalysis, theories of intersubjectivity, and gender studies and feminism as it relates to psychoanalysis and society. She is known for her ideas about recognition in both human development and the sociopolitical arena.



PROFESSOR ALFRED PRITZ

Alfred Pritz is the founding father and principal of the Sigmund Freud PrivatUniversität, which was accredited in 2005 and keeps expanding and growing (further SFU locations so far: Paris, Linz, Berlin, Milano, Ljubljana).

He is a founding member and president of the World Council for Psychotherapy, as well as a founding member and general secretary of the European Association for Psychotherapy. The first three World Congresses of Psychotherapy in Vienna were organized by him and he was also a co-organizer for the World Congresses in Buenos Aires, Beijing, Sydney and Durban.

He is an active editor and author of various books, book series and professional articles in journals and textbooks.